Dirac Hamiltonian on 2D Square Lattice

Consider 1 atom 1 orbital per cell with spin.

$$H = -t \sum_{m,n} \begin{pmatrix} \frac{i}{2} c^{\dagger}_{m+1,n,\alpha} \sigma^{x}_{\beta} c_{m,n,\beta} + \frac{i}{2} c^{\dagger}_{m,n+1,\alpha} \sigma^{y}_{\alpha\beta} c_{m,n,\beta} \\ + \frac{i}{2} c^{\dagger}_{m+1,n,\alpha} \sigma^{z}_{\beta} c_{m,n,\beta} + \frac{i}{2} c^{\dagger}_{m,n+1,\alpha} \sigma^{z}_{\alpha\beta} c_{m,n,\beta} \\ + (2 - M) \sum_{m,n} c^{\dagger}_{m,n} \sigma^{z}_{\alpha,\beta} c_{m,n,\beta} \end{pmatrix}$$
(1)

Introduce Fourier transforms

$$c_{m,n,\alpha}^{\dagger} = \frac{1}{\sqrt{N}} \sum_{q} e^{-\vec{q} \cdot (m,n)a} c_{q,\alpha}^{\dagger}$$
⁽²⁾

and the Hamiltonian becomes

$$H_{\alpha\beta}(\vec{q}) = t\sin(q_x a)\sigma_{\alpha\beta}^x + t\sin(q_y a)\sigma_{\alpha\beta}^y + \left[(2-M) - t\cos(q_x a) - t\cos(q_y a)\right]\sigma^z$$
(3)

Expand around $\vec{q} = \vec{0}$

$$H_{\alpha\beta}(\vec{q}) = q_x a \sigma^x + q_y a \sigma^y + \left(2 - M - \left(1 - \frac{q_x^2 a^2}{2}\right) - \left(1 - \frac{q_y^2 a^2}{2}\right) \sigma^z\right)$$
$$= q_x a \sigma^x + q_y a \sigma^y + \left(-M + \frac{q_x^2 + q_y^2}{a}^2\right) \sigma^z \tag{4}$$

When M = 0, at $\vec{q} = \vec{0}$ there's a Dirac cone. The model has many discret symmetries, inversion $P = \sigma^z$, charge conjugation $C = \sigma^x$, $C_2 = e^{i\pi\frac{\sigma^z}{2}}$, $C_4 = e^{\frac{i\pi}{2}\frac{\sigma^z}{2}}$. Looking at special points (Γ, M , etc.)

$$\begin{cases} H(0,0) = -M\sigma^{z} \\ H(\frac{\pi}{2},0) = (2-M)\sigma^{z} \\ H(0,\frac{\pi}{2}) = (2-M)\sigma^{z} \\ H(\frac{\pi}{a},\frac{\pi}{a}) = (4-M)\sigma^{z} \end{cases}$$
(5)

They all commute with $P = \sigma^z$. Further, there are transitions in the spin structure at M = 0, 2, 4 happening at $\Gamma, (X, Y), M$ points respectively. For each transition, the spin-up and spin-down bands touch and reseparates exchanging the spin of ground state.