

Introduction

- The Center for Research and Education on Aging and Technology Enhancement (CREATE) aims to support health management activities for aging adults with and without mild cognitive impairment (MCI)
- Medicare is a critical healthcare insurance system that many older adults find difficult to navigate
- We developed Medicare information sheets to support older adults' understanding of the Medicare system and plan options

Methods

- Organized Medicare information from credible government sources
- Used the insights from 40 older adult interviews to recognize the challenges of making Medicare decisions
- Created a series of portable, bite-sized, information sheets
- Ensured that the sheets were easy to read by using bigger font sizes and clear color contrast
- Obtained and reflected multiple feedbacks from internal researchers, external advisory board members, and experts who work with older adults about Medicare

Distribution

- Target Users
 - Older adults
 - Individuals enrolling in Medicare
 - Staff in training to work with older adults and Medicare issues
- Distribution
 - We plan to distribute information sheets to local agencies and community organizations once finalized

Results

Possible Future Developments

- Translating the information sheets into other languages
 - This will help non-English-speaking older adults make more informed decisions about Medicare
 - The Spanish translation is an example of a potential future feature that has not yet been implemented
- Developing a digital version of the information sheets for easier access on smartphones and other devices
- Exploring partnerships with healthcare providers to distribute the tip sheets for further outreach

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