

## Champaign---Urbana (Halal) Guide

### Grocery Stores

#### World Harvest International and Gourmet Foods

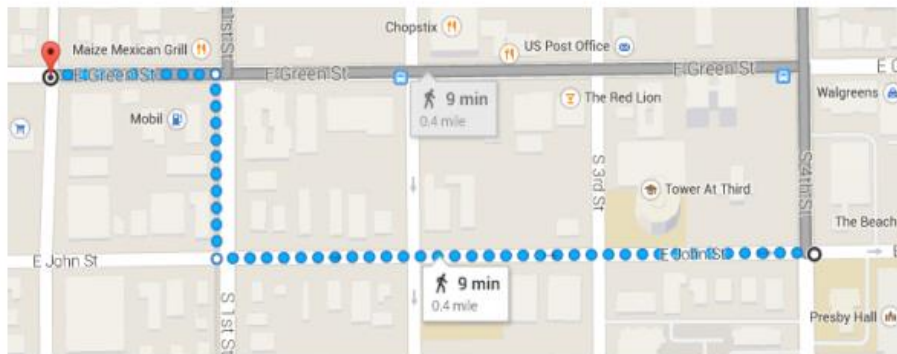
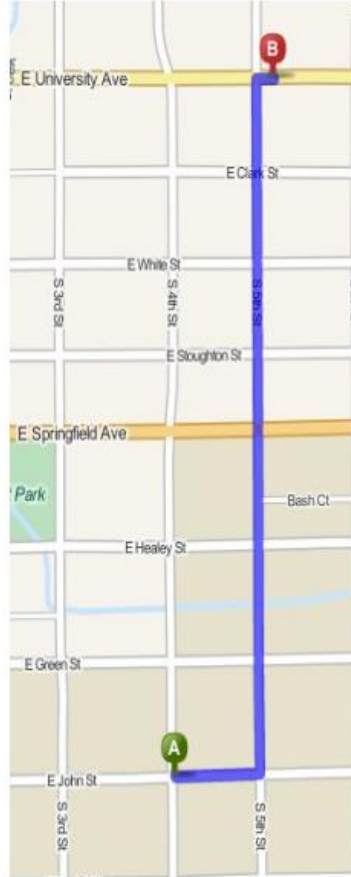
519 E. University Ave  
(217) 356-4444  
[www.worldharvestfoods.com/catalog/179.halal](http://www.worldharvestfoods.com/catalog/179.halal)

They carry a wide variety of Halal meats such as chicken (whole and all kinds of cuts), lamb, goat, and beef. Also they carry hotdogs, sliced meats, basterma, soujouk, and others. Their sources for the meat are local, Crescent foods, Midamar, Ziyad, Mediterranean Halal, and others.

#### Mirsung Ethnic & Indian Groceries

49 E Green Street  
(217) 344-2660  
[www.mirsung.com](http://www.mirsung.com)

Lentils, Flour, Rice, Pickles, Papadams, Curry Paste, Ginger/Garlic paste, Chutneys, Instant Mixes, every single spice imaginable to spice up your kitchen, Indian sweets, Coffee, Tea, Health drinks such as Horlicks, Bounvita etc, Candy, a whole aisle of tasty and popular Indian snacks, Indian beverages like Frooti, natural tropical juices and the ever popular Thumbs up, Limca. Fresh produce such as karela, bitter gourd, Parval, Tender Coconuts, tindora, okra, squash, mint, cilantro, radish and onions, tomatoes, potatoes, ginger and garlic.



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### **Restaurants**

1. Bombay Indian Grill, 401 East Green St., Champaign
2. Jerusalem Middle Eastern Cuisine, 601 South Wright St., Champaign
3. Mashawi Grill, 617 East Green St., Champaign
4. Niro's Gyros, 1007 West University Ave., Champaign
5. Red Herring Vegetarian Restaurant, 1209 West Oregon St., Urbana
6. Zorba's, 627 East Green St., Champaign