This systems course will focus on understanding the nutrition and food policy process, policymakers, stakeholders, and the evidence-base at the interface of nutrition policy, using policies designed to address obesity and diet-related chronic disease as a case study.

Complex questions about how government has responded to diet-related health problems, the appropriate role for government in efforts to facilitate healthy eating, and how to develop and evaluate policy approaches to improve diet quality and reduce the burden of diet-related disease among all people will be explored.