



I COLLEGE OF
VETERINARY MEDICINE
UNIVERSITY OF ILLINOIS AT URBANA CHAMPAIGN



TENESMUS TIMES

Hello Vet Med!

It is crazy to believe we have already cranked through another rigorous semester. Fall 2021 was definitely full of great accomplishments from our first years tackling the start of vet school and clinics, to the second years grinding away at a tough academic run, to our third years starting junior surgery alongside their curriculum, to our fourth years pressing on in their rotations. Each and every one of you has done amazing work, and SAVMA is proud of you. This semester was also full of some fun and other accomplishments that will be shared in this newsletter, so grab your cocoa or cider and a cozy blanket and enjoy!!



Illinois Chapter of the Student American Veterinary Medical Association (SAVMA)

Do you still find yourself wondering: “What is University of Illinois Chapter of SAVMA?” Ask no more!

University of Illinois Chapter of SAVMA is our school’s student chapter of the AVMA. Each veterinary school has their own student chapter that functions under the Student AVMA (SAVMA), which consists of an Executive Board and a House of Delegates (HOD) composed of two representatives from each member chapter (including our own). The formation of a national organization of veterinary students has enabled what were once isolated student chapters to function effectively as a single unit on the national scene. The Student AVMA coordinates student chapter functions, promotes the exchange of ideas and information among students, and represents its members in matters that concern them, both as students and as future veterinarians.

For more information on **SAVMA**, please visit

<https://www.avma.org/About/SAVMA/Pages/default.aspx>

For more information on **University of Illinois Chapter of SAVMA**, please visit

<http://vetmed.illinois.edu/iscavma/>



FUN FACT: The Tenesmus Times, or T-Times, was originally created in 1994 while our very own Dr. Anne Barger was helping put together a bid for the 1995 SAVMA Symposium. She and Sandra Faeh, who is now the VP of the AVMA, were co-chairs for that symposium. You may be wondering why it is called the “Tenesmus Times”. Dr. Barger said “The name came to me because vet school is often a strain and you are asked to spit out and remember a lot of material so it just seemed to fit.”

Benefits of University of Illinois Chapter of SAVMA membership:

- Eligible to receive various **scholarships**
- Opportunities to attend **professional lectures**
- AVMA career center access: provides job listings that match your resume and allows interested employers to search posted resumes
- Opportunity to attend the **Annual Student AVMA (SAVMA) Symposium**
2022 Symposium at University of Minnesota March 11-13
Registration is open!!!
2023 will be hosted by U of !!!!!
- **Discounted prices** to attend University of Illinois Chapter of SAVMA Halloween, Vet Prom and Vetscapades
- **Automatic enrollment in the American Veterinary Medical Association (AVMA) upon graduation at no cost** and two years of reduced membership rates.
- FREE online Student AVMA Member subscription to the **Journal** of the AVMA (JAVMA) and the American Journal of Veterinary Research (AJVR)
- Free subscriptions to the **Vet Gazette**: the official online journal of SAVMA (they also accept submissions of your art, poems, cases and abstracts and you can win some \$\$\$!)
<http://www.thevetgazette.com/call-for-submissions/>



- Each AVMA affiliated and accredited veterinary schools in the United States may elect two delegates to represent their school at the bi-annual **House of Delegates** proceedings held at SAVMA Symposiums and AVMA Conventions. Currently, this House of Delegates represents 33 veterinary schools and over 14,000 veterinary students.

SAVMA Symposium

Each year, SAVMA holds a symposium on a national level. Schools can place bids to be the host of this prestigious event, and it is an incredible honor to be selected. This event has been held for over 50 years and the next event will be held at the University of Minnesota on March 11,12,13. We are ecstatic to announce that The University of Illinois College of Veterinary Medicine will be hosting the SAVMA Symposium of 2023! We are incredibly excited to bring this event back to our home!

Wet Lab Dates and Information:

Friday, March 11th

"The Life of a Stone" (9:30am-12:30pm): Learn new techniques for stone removal as well as practice your urinalysis and stone identification skills with the help of Dr. Lulich, the director of The Minnesota Urolith Center and the founder of the urohydropropulsion technique for voiding small bladder stones. There will be a lecture held at the Convention Center on Friday, March 11th at 8:00am to prepare you for this lab that you will be expected to attend.
Cost: \$25

"What happened to the chicken that tried to cross the road?" (12:30pm-4:30pm): This is a great introduction to poultry anatomy, practicing necropsies on birds, and sample collection. There will be a lecture scheduled on Friday, March 11th at 8:00am that you are expected to attend to prepare you for this lab.
Cost: \$15

"Raptor Cadaver Lab" (7:30am-11:30am): Bandaging birds is difficult! Sign up for this lab to get tips and tricks for bandaging raptors in addition to conducting necropsies from veterinarians at the famous Raptor Center.
Cost: \$20

"Comparative Anatomy Lab" (1:00pm-4:00pm): Have you ever wondered how the anatomy of dogs and cats compare to other animals and even humans? Join us for an opportunity to compare and contrast the heart and lungs of large animals, small animals, and humans. By signing up for this event, you will have the chance to inspect human and animal cadaveric specimens as well as learn about clinical correlations related to the mammalian thorax.
NOTE: YOU WILL HAVE THE OPPORTUNITY TO SEE HUMAN AND ANIMAL CADAVERIC SPECIMENS IN THIS LAB. You will be expected to watch a video clip to prepare you for this lab. The Convention Center will have a designed room for you to do this from 11:00am-12:00pm on Friday.
Cost: \$25

"Can Horses and Needles Mix? (12:30pm-3:30pm): Have you ever seen acupuncture used in veterinary medicine? Come learn about how acupuncture is used in veterinary medicine and how it works! After bussing to campus, there will be a 30 minute introduction followed by an interactive lab.
Cost: \$20

Saturday March 12th

"Equine Spinal Manipulation" (8:30am-11:30am): Interested in Chiropractic Care in Horses? Learn the thought process behind spinal manipulation through this lab!
Cost: \$15

"What does a burr, an elevator, and a root tip pick have in common?" (7:30am-12:30pm or 12:00pm-5:00pm): Practice your dental skills in a hands-on wet lab with a Board Certified Dental Specialist. There will be a lecture to prepare you for this hands on lab on Friday, March 11th. You may attend one of the two scheduled session at either 9:00am or 11:00am.
Cost: \$30

"Dairy Goats Galore!" (7:00am-11:00am or 9:00am-1:00pm): Do you want more hands on experience gaining clinical skills like doing physical exams and hoof trimming in small ruminants? This is the lab for you! Students will be bussed to Poplar Hill Dairy Goat Farm for hours of fun with dairy goats!
Cost: \$30

"Cows that Can't Kick" (7:30am-11:30am or 12:30pm-4:30pm): Interested in bovine medicine? Learn more about bovine lameness by practicing proper hoof trimming technique.
Cost: \$30

"Lions, and Tigers, and Darts, Oh My!" (9:00am-12:00pm or 12:30pm-3:30pm): Practice your darting skills and master the proper technique used in zoo animal medicine.
Cost: \$15

"Vet Emergency Preparedness Lab" (12:30pm-5:30pm): Learn how to prepare for a disaster through attending this emergency preparedness lab!
Cost: \$20

Sunday March 13th

"Wolf Teeth, Wave Mouth, and the Wonders of Equine Dentistry" (12:30pm-4:30pm): General overview of equine dentistry. Examine and learn dentistry procedures while

Your Illinois SAVMA delegates:

Max Paulson (Class of 2024) [maxsp2@illinois.edu]
Emily Verwers (Class of 2025) [verwers2@illinois.edu]

**Meet the 2021-2022 University of Illinois Chapter of
SAVMA Executive Board Members**

President: ERICA GREENE (2023)

President Elect: CRYSTAL MUNGUIA (2024)

Vice President: TORI MARTIN (2023)

Treasurer: LAURA NEARING (2023)

Treasurer Elect: JADE WILLIAMS (2024)

Secretary: KATIE HISKES (2024)

Fundraising Co-Chair: ELLE DONNELLY (2023)

Fundraising Co-Chair: AMANDA PREDKI (2024)

Philanthropy Chair: MADISON HUDDER (2023)

Vet Med Senator: VACANT

ISVA Representative: TESS CUMMINGS (2024)

ISVMA Representative: LAUREN MCKAY (2024)

Webmaster: HAYLEY ROSSIANO (2024)

Diversity and Inclusion Chair: HOLLIE HEAPE (2023)

SAVMA Senior Delegate: MAX PAULSON (2024))

SAVMA Junior Delegate: EMILY VERWERS

Class of 2022 Representative: MICHAEL GREENER

Class of 2023 Representative: JASON SZUMSKI

Class of 2024 Representative: GRACE WISCHMEYER

Class of 2025 Representative: THEODORE BERLANGA

Diversity and Inclusion in Veterinary Medicine

Last year, our SAVMA chapter has added a Diversity and Inclusion chair to our executive board. Our chapter is very passionate about diversifying our profession and doing so by doing our part to raise awareness and generate resources to promote inclusion. We want to recognize diversity on various levels including race and ethnicity, gender identity, sexual orientation, ableness, religious beliefs and practices, and socioeconomic status.

To promote such growth in a profession that is very limited in diversity to begin with, we have made steps to work with our school's VOICE (Veterinarians as One Inclusive Community for Empowerment) chapter to help educate our students and bring awareness to the issues we face. We believe that education and access to resources is the first step in making a change. Below are some more specific steps we have taken:

Provided Pronoun Stickers for ID Badges

Microaggressions Lecture as a part of SAVMA Week

Promoted Dear VOICE Event

Contacted and are working with the VTH to improve accessibility accommodations for clients and making these accommodations known

Contacted U of I parking to increase the number of accessibility parking spaces at BSB (8 accessible spaces added this summer)



Creative Corner

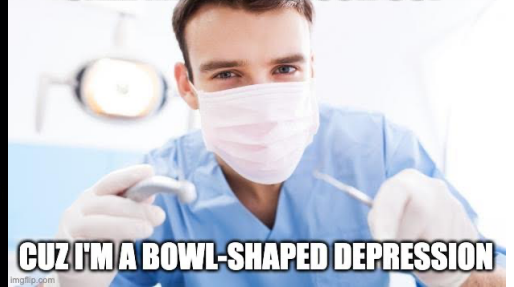
WHEN THE LIGHTS COME BACK ON



Sam Deadmond, Class of 2024



CALL ME AN INCISOR CUP



11.25.21

Thankful to be home
and living
every day for a better tomorrow
to reach the plateau
of the best years
with myself, others, and the future.

Grateful for those
caretakers who supported me
in hardship and in a
quarter life crisis.

My best support system
because of their degrees.

Who shaped my abilities,
compassion and fitness
to become a doctor
for the voiceless
and to serve
people through animals

Casey Boyer, Class of 2024



Left: Not Every Calf is a
Holstein

Below: Plain White? Eww

Samantha Crist, Class of 2022



SAVMA TAILGATE

Each home football game the SAVMA Tailgate squad hosts a tailgate for vet-med for anyone who would like to join and enjoy some pre football game fun with their colleagues. It is a great way to destress and to enjoy the company of classmates you may not always have the chance to spend time with. There is a Facebook page where all the details are communicated so make sure you follow us!!



Conference for Research Workers in Animal Disease

Read below to hear our very own Morgan Garrow's report of her experience with CRWAD.



CRWAD is a yearly convention held for Research Workers in Animal Disease, most of which come from veterinary schools across the country and overseas. We had the opportunity to present a poster detailing our research on the use of volatile organic compounds in determining calf health. The conference was an awesome networking opportunity and a chance to catch up on the latest updates in our field, especially related to livestock and production medicine. It being in Chicago made it even more exciting as we got to explore the city and see all the holiday attractions! Thanks to Dr. Brian Aldridge and Dr. Courtney Hayes for all their support in this project!

SAVMA Sponsored Club WetLabs

All clubs have the opportunity to submit to SAVMA for club funding for financial assistance in hosting wetlabs or even conference registrations. Here is an example of something we sponsored this past semester:



Students had the opportunity to practice venipuncture at Prairie Fruit Farms on small ruminants including sheep and goats. It was a great opportunity that we didn't get to do last year because of COVID and financial constraints. It is one of the only small ruminant hands-on experiences PMC provides other than lambing. This was on a real commercial dairy goat farm so students got to learn about how a real goat dairy works on a day to day basis.



President's Report

The following report, put together by our president Erica Greene, outlines the extent of accomplishments and items in the making from this semester. It is broken down by each sector of our executive board and allows you all to be in the loop with what your SAVMA leaders are working on and working towards for our chapter, our college, and for all our incredible members!

We are so thankful to be a part of such an amazing university, and to be able to serve each of you as we learn and grow alongside one another while crafting our passion into a career.

Together, as a united front, the students of the University of Illinois College of Veterinary Medicine can be the face of what is to come in veterinary medicine as a profession! We want to make sure your experience here as a part of this family is exceptional academically, personally, and socially.



SAVMA[®]

University
of Illinois

Fall 2021 President's Report

We did it! Congratulations on finishing another semester toward your DVM. The SAVMA E-Board has enjoyed being able to plan some fun in-person events for us all, as well as brainstorming and advocating for important changes to make sure you get the most out of your veterinary school experience. Below is the highlight reel of each position's accomplishments this semester. If there is anything in this report you are particularly happy to see, I would love to share your feedback with the board members so please utilize the link below. If you have any questions, please contact me by email and I would be happy to provide additional information about any of these topics.

Please continue to implement suggestion box, which I filter through and distribute productive comments and concerns (or positive feedback!) to the appropriate E-Board member and ensure that action is taken when possible. Check out my section of the reports below for changes or other info that came from suggestion box items. Thank you for any feedback you provide. <https://forms.gle/eGoJ8L7TbBCowETC8>

Erica Greene egreene3@illinois.edu

President – Erica Greene 2023

- Planned a series of talks surrounding professional development and financial wellness
 - Writing a Personal Statement or Cover Letter workshop with Dr. Connolly 9/9
 - VIRMP Info Panel with Dr. Connolly, Dr. McCoy, Dr. Austin, Dr. Fick, Dr. Selting, Dr. 10/18
 - Behavioral Finance with AVMA Trust 10/26
- Participated in yearly budget meeting with Treasurer and Treasurer-Elect
- Attended Presidents meetings at AVMA Convention in July 2021
- Participated in interviews for VCM Department Head candidates
- Coordinated meetings with Dean Constable and Associate Dean Foreman for SAVMA President and Class Representatives
- Applied for and received ALL For Students Funding for VIRMP Panel and Leadership Workshop for SAVMA E-Board, thank you AVMA ALL For Students for the sponsorship!
 - VIRMP Panel went really well and had a great turnout
 - Leadership Workshop was about finding out where we each fall on several cultural scales and how to work with a diverse group of people, we learned a lot

about ourselves and each other and look forward to applying this experience to the way we lead in each of our roles

- Put together information about costume DOs and DON'Ts for Halloween party thanks to help from Hollie Heape, Elle Donnelly, and SAVMA advisors
- Participated in meeting with Accreditation Committee on 11/10
- Held meeting with Hill's Reps, Class Reps, and Treasurer Laura Nearing about Hill's student funds ideas
 - Current plans include updating the Poisonous Plant Garden, replacing microwaves/toasters in common areas, Junior Surgery equipment, tailgate equipment, Plumb's subscription for graduating students, and more!
- Planning a visit from the AVMA Student Initiatives Team in February. Mark your calendars for a great lunch talk with Dr. Derrick Hall on 2/17!
- Over break, will be thinking about ways to best transition the new E-Board in March
- Suggestion Box items:
 - Concerns about student body not being involved in decision making process for curriculum changes/not being well-informed when changes occur
 - Curriculum changes are discussed in most detail with the Education Policy Committee, which has an elected member from each class. This is currently the most efficient way to have student representation in such discussions, but the class representatives and I have also been discussing concerns about the way we are informed about changes with our administration, and we all plan to make improvements going forward.
 - More town halls have also been suggested; the class representatives and I have asked for a meeting with the course coordinator at the beginning of each year as a dedicated time for questions and concerns, we believe this will start next school year.
 - There is a lack of meal options when Einstein is not open—vending machines not really enough and delivery is expensive; many students are on clinics or in classes/studying long after the café closes
 - Administration has looked into refrigerated vending machines, but it is not looking promising as this is a main campus decision—we had one a few years ago and main campus removed it because it did not sell well. We are open to other feasible ideas regarding this issue if you have any.
 - Creating a CV for scholarship applications
 - This would be a great talk! We will consider it moving forward, but I also recommend checking out Dr. Firkins' elective, VM626 for resume writing, and reach out to Dr. Sara Connolly, Assistant Dean for Student Success, if you need guidance in developing a resume/CV.
 - Events/information/seminars for married students/students with families
 - Unfortunately, the scope of our events right now does not expand beyond those attending or working at our college, but there are other great resources you can share with your families:

- Bring them to our annual Open House! This is a great family event and the perfect way to show loved ones all that we do.
- Please feel free to share with them the email updates from the college, or this report, to keep significant others/families in the loop.
- Ophthalmology service closing, fourth years not getting the rotation experience they expected
 - I am working to coordinate an event to supplement the learning experience of those affected by this change. I hope to get something in the works but have hit a few roadblocks. Please stay tuned!
- More counselor coverage
 - When a permanent counselor is hired, we will help them spread awareness of resources and related information, so it is readily available in times of need.
- Expanding recycling options
 - We would love to expand recycling options—we have a few ideas and hope to work with the Environmental and Sustainability Committee to make this happen

President-Elect – Crystal Munguia 2024

- Attended VLE over the summer
- Attended President’s meetings at AVMA Convention in July 2021
- Attended Chapter President’s Summit in September 2021
- Coordinated the first-year supplies sale, using PayPal for the first time to help streamline the process. Dealt with some supply chain issues and got everyone the supplies they needed.
- Led an initiative to revamp the Poisonous Plants garden—Bella Panetta wrote a great budget proposal for this, and funding was approved by the Hill’s Funding Committee
- Led an initiative to replace microwaves & toasters around campus, this was approved for Hill’s funding as well.
- Began planning process for travel to SAVMA Symposium 2022 at the University of Minnesota
- Participated in meeting with Accreditation Committee on 11/10

Vice President – Tori Martin 2023

- Kept SAVMA Bulletin Board updated with transitioning e-board positions
- Worked with Madison Hudder to help support VSOP’s community service initiatives
- Held SAVMA E-Board Elections
- Put together T-Times

Senior and Junior Delegates – Leah Nehila 2023 (through October 2021), Max Paulson 2024, Emily Verwers 2025 (beginning in December 2021)

- Leah and Max attended the AVMA Convention HOD Meetings in July 2021, where they supported improvements in DEI Bylaws, changes to SAVMA Symposium procedures, and more.
- Max attended VLE online over the summer

- Max helped plan and lead iVLE for the incoming first year class along with Grace Wischmeyer and Crystal Munguia.
- Leah and Max presented to the first years about SAVMA during orientation week.
- Continued duties on Wellness Committee
 - Created Wellness Newsletters with helpful resources and great ideas to improve personal wellness
- Max continued to share the monthly SAVMA news which has great funding opportunities and learning experiences
- Ran elections for Junior Delegate—Welcome, Emily!
- Received Symposium Planning materials which allowed planning and filling positions to take off
- Interviewed and finalized the Symposium Planning Team along with Erica Greene, Jason Szumski, and Dr. Will Sander

Secretary – Katie Hiskes 2023

- Registered incoming students for SAVMA memberships and renewed all other years' members
 - Refined this process to make sure there is no lapse in membership for any students
- Keeping google drive neat and efficient
- Coordinates e-board meeting location, sends out agenda, and writes minutes to keep board organized

Treasurer and Treasurer-Elect – Laura Nearing 2023 and Jade Williams 2024

- Set chapter budget for 2021-2022 and closed out budget from 2020-2021
- Refining the payment and reimbursement process to make sure all expenses are accounted for, all students involved in event planning are aware of expectations, and reimbursements occur in a timely manner
- Jade participated in meeting with Accreditation Committee on 11/10
- Jade coordinated all Bagel Days, thank you AVMA ALL For Students for the sponsorship!
- Considering extending club funding budget in the spring due to such a positive response this semester

Philanthropy Chair – Madison Hudder 2023

- Deposited the funds that were raised at the BWW fundraiser for NOMV in the Spring—we were able to donate \$224!
- Successful blood drives 9/17 and 11/16
- Worked with Tori Martin to help support VSOP's community service initiatives
- Coordinating another animal shelter supplies drive for the spring

Webmaster – Hayley Rossiano 2024

- Updated the SAVMA Website
- Created a SAVMA Instagram @illinoissavma
- Created a great first year advice form that was sent out to all incoming students

IVSA Representative – Tess Cummings 2024

- Introduced first year class to IVSA

- Shared resources about joining online IVSA communities, including the new Wildlife and Exotics Animal Community
- Helped 7 students join the IVSA Wildlife/Exotics Community
- Helped 1 student join the IVSA Equine Medicine Community
- Planning a talk with Dr. Souza, the new coordinator of International Programs, for the spring
- Planned a virtual meet-up with CSU and IVSA UK, Scotland, and Ireland Chapters 11/7
- Co-planned an Introduction to Medical Spanish Lunch Lecture with LVMA and Dr. Dávila

Diversity and Inclusion Chair – Hollie Heape 2023

- Contacted facilities about noncompliance with accessible parking spaces in our lots, was addressed and we are now up to appropriate standards
- Ordered another batch of pronoun stickers, got them out to the first year students and planned an event to encourage faculty and staff to pick them up as well
- Wrapped up the first set of Purdue D&I Certificate Program Participants in October/November, started planning for the next round of participants
 - Hoping to extend the program to Faculty, Staff, House Officers, and the U of I Pre-Vet Club
- Working with VCA to improve deaf/hard of hearing accessibility in veterinary settings nationally
- Supported students in acquiring laboratory accommodations if observing Yom Kippur

Fundraising Co-Chairs – Elle Donnelly 2023 and Amanda Predki 2024

- Planned and held a successful Halloween Pet Costume Contest at Pour Bros, we were able to raise over \$100 which went right into funding for more club events
- Planning new fundraisers for the spring, and going to be selling off some vet med apparel from years past so stay tuned!

ISVMA Representative – Lauren McKay 2023

- Coordinated ISVMA Trivia night 9/23
- Held a lunch lecture 11/10 about speed interviews and the ISVMA mentorship program
- Coordinated speed mock interviews for 11/16

Class Representatives –Michael Greener 2022, Jason Szumski 2023, Grace Wischmeyer 2024, Theodore Berlanga 2025

- Michael coordinated several NAVLE reviews for class of 2022
- Grace coordinated iVLE for the incoming class along with Crystal Munguia and Max Paulson
- Grace ran some elections for the class of 2025 early in the semester, including electing our 2025 Class Representative, Theodore Berlanga! Theodore took over the remaining elections for 2025 from there.
- Participated in interviews for VCM Department Head candidates
- Participated in several meetings with Dean Constable and Associate Dean Foreman, discussed several student concerns and solutions, including:
 - Third year curriculum changes
 - Communication to students about changes being made

- Some students needing to park around the corner past the baseball fields – going to speak to parking department about this
- Mailbox thefts
- Meeting room availability
- Official updates on progress with these and other concerns to come
- Participated in meeting with Accreditation Committee on 11/10
- Participated in Hill's Funding meeting, see report above

Other Topics/Discussions

- Club Funding: This semester, we maximized our club funding budget to help clubs provide several hands-on learning experiences for their members. We also supported a new club's introductory meeting to help set them up for success. Please reach out to Erica Greene with any questions you may have about the application process.
 - AAVMP Intro Meeting
 - Production Medicine Club Prairie Fruit Farm Blood Collection Lab
 - Dentistry Club Conference
 - Theriogenology Equine/Bovine Ultrasound Lab
 - SVECCS ER Procedures Wet Lab
 - Theriogenology Select Sires Certification