

How to find the right class for you?

Our **Newcomer** class is where you should start if you have never danced before or have danced for less than a year with a different ballroom program. In this class you will learn basic figures and terminology you need to get a good start in ballroom dancing. Such figures include:

Waltz: Natural Turn, LF and RF closed Change, Reverse Turn

Tango: Walks, Rock Turn, Progressive Link, Closed Promenade

Quickstep: Quarter Turn, Progressive Chasse, Forward Lock

Rumba: Basic, Underarm Turn, New Yorks, Spot Turn, Shoulder to Shoulder, Progressive Walks

Cha Cha Cha: Basic, Underarm Turn, New Yorks, Spot Turn, Shoulder to Shoulder, Three Cha Cha Cha's

Jive: Basic, Change of Place R to L and L to R, Change of Hands Behind the Back, Hip Bump

If you plan to attend the **Bronze** class, you should be familiar with the figures listed above. You do not have to be an expert, but these figures will NOT be covered in Bronze since they are taught in Newcomer. Additional figures will be taught in Bronze that include:

Waltz: Spin Turn, Double Reverse Spin, Whisk and Chasse

Tango: Reverse Turn, Twist Turn, (Natural Promenade Turn to Rock turn would also be good to know but not necessary)

Quickstep: Natural Turn w/ Hesitation, Back Lock, Running Finish

Rumba: Fan, Hockey Stick, Natural Top, Closed Hip Twist

Cha Cha Cha: Fan, Hockey Stick, Natural Top, Closed Hip Twist  
Jive: Whip, American Spin, Stop and Go, Promenade Walks

In **Technique** class, figures beyond those learned in Newcomer and Bronze will not be taught. Rather, the class will focus on the fundamentals and movement of such figures; so while Newcomer and Bronze will teach figures, Technique will teach further technique behind such figures. This class is recommended for anyone wanting to improve their ballroom dance skills and members who used to enroll in our Silver class.

\*If you choose to take a class without knowledge of the figures listed please be advised that it is your own responsibility to catch up outside of class. You are welcome to join but realize that to ensure the best possible class for everybody we will not spend time on figures you are expected to know unless it is relevant to the topic of the class\*