



“Microbes & Gut Health . . . Meet some tiny friends”

Join us on Thursday, August 4, from noon to 1 p.m. as Dr. Hannah Holscher, Director of the Nutrition and Human Microbiome Laboratory and assistant professor in the Department of Food Science and Human Nutrition at the University of Illinois, discusses your questions about diet and the trillions of microbes that live inside of you, during a one-hour chat on Twitter. Use the #askACES to ask your questions about the microbiome, how microbes keep us healthy, what foods we can eat to keep good microbes happy, and more!



DR. HANNAH HOLSCHER

University of Illinois
Assistant Professor in the Department
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August 4 // Noon-1 p.m. CT
on Twitter



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