Part I:

Sexual Assault Affecting the Health of Victims

The intersection that really interested me was sexual assault and health care. I want to know more in depth about how victims are affected by sexual assault. It is becoming a prevalent issue, which is why I am interested in this topic. I want to increase my knowledge in sexual assault because rape is also common on college campuses. I also am intrigued and do not know how rape victims cope with such a dreadful memory in their life. I do know the victim is usually raped by someone in their life. I also know that victims are usually physically abused since they are resisting the perpetrator. My research question is: How does sexual assault affect victims both physically and mentally?

My research plan is to mainly use the online databases that the UIUC library has to offer. The library databases will have plenty of information for my research paper. To narrow down the amount of articles I will use these search terms: sexual assault and emotion, sexual assault and health, rapes on campus, rape victims and depression, post-traumatic stress disorder and rape victims, and more. Because I want to vary my resources, I will try to get some books about by going to the library. I will speak to one of the librarians to help me search for the books on emotional and physical pain due to the outcome of rape.
I do now know much about sexual assault and the affects it has on people. My main challenge will be to absorb an abundance amount of information on the topic as I can. I will have to do plenty of research to understand the topic. I will overcome the challenge by spending most of my time researching and taking notes about the effects due to rape. Another challenge will be to put all the pieces together. I am not sure in which order I should include the information I will obtain. There is so much information on this topic I am not sure how to arrange it. In order to overcome this challenge I might go to writer's workshop for help once I have all my information down.

**Part II:**

**Thesis:** As sexual assault is becoming more prevalent, more people are affected negatively emotionally and physically. Women should not be held against their will to have sex because they can be physically abused and mentally scarred. It can damage their entire life.


This article overlooks the problems campus’s have relating to rape. It discusses that parties at fraternities and how men drug women and take advantage of them at their weakest point. It states that rape on college campuses has increased and gained a lot of attention from the media. It gives multiple statistics one being that a member in a fraternity is more likely to sexually abuse a woman than a non-fraternity member.
This source is credible because it is an academic journal. It is scholarly because it was peer reviewed. This source is very accurate since it was published in April 2015. The author is credible because she is a doctoral candidate of Sociology at the University of Georgia. She sustained an outstanding education which is why she is a reliable author.


This article overviews the emotional changes victim have after being raped. They become violent and a total different person. Sometimes they can result to drugs, crime, and violence. It goes into great detail about the topic. Victims succeed in life because it is hard to overcome the traumatic experience in their life. If they were abused as a child they are likely to fail at of school or drop out of school.

This article was published in 2015 making it time effective. It will be very useful to use the statistics in my paper because the article was published recently. It is peer reviewed which is why it is scholarly. The authors have extensive knowledge about child sexual abuse victims because they work in the psychiatric outpatient treatment center.


This article focuses on casses of sexual abuse as a child. Many
children face sexual abuse and then later in life suffer from severe depression and PTSD (post traumatic stress syndrome). It scares the children for the rest of their lives. They have to deal with the emotional pain and memories that they experience. Most victims attempt suicide because they can no longer deal with the pain.

The source is credible because it is an online academic journal and is peer reviewed. It is a deep-analysis of the topic. It was published in 2015 making it timely, so the statistics are very up to date, and will be in great use to my research paper. The author is very reliable because she graduated from Harvard Medical school and works at the center for Depression.


This article discusses the emotional affects sexual assault victims deal with. The authors did a study on posttraumatic stress disorder due to sexual assault. More than 50% of victims face depression as a result of rape. They are likely to have post traumatic stress disorder. It gives multiple statistics that relate to depression of victims. They also describe the cure to PTSD which is a long road of recovery through therapy.

Considering this article is a report and is peer reviewed it is scholarly and very credible. This article was published in 2005 so it is a little bit outdated. I might not use some of the statistics from this article since it is outdated. The

This article overviews the concerning health problems. Post traumatic stress disorder is a huge problem. It causes emotional stress and anxiety for the victims. They have flashbacks of the horrific event. Rape is a traumatic event for women because they have absolute no power. They question safety for the rest of their lives. Many women can not live their everyday life with the memory haunting them. The article discuss coping mechanisms.

It was published by Greg Thompson, who graduated from the University of Illinois at Chicago. He is a credible author because he has great knowledge on the topic. It was published in 2014 so the information is very recent. It is an academic journal and has been peer reviewed which is why it is scholarly.


This is a long, detailed article discusses the injuries women get from being raped. 1.9 million women report physical assault. ⅕ of women who were sexually assaulted
experienced violence. It is common for women to have PTSD after they were physically abused and raped by the perpetrator. There are many serious injuries in result including: mild brain injury, spinal cord injury, burn injury, fractures, bruises, General lacerations internal organ damage, tooth injuries, vaginal lacerations, and more. Many injuries result to body image distress.

This article is scholarly because it is an academic journal and is peer reviewed. It was published in 2014, so the information is recent. There are many great statistics in this article that I will include in my research paper. The authors sustained an outstanding education at Saint Louis University. They are credible authors because they have a lot of knowledge and work in the Department of Physiology.