Plants Optimizing Development Study (PODS)

What is the goal of this study?

- to investigate the relationship between plant based food consumption and bone and gut health, & thinking abilities.

Who is eligible?

- Children between the ages of 8 and 11 years old.

Over the course of 3-9 months, your child will...

- attend 6-8 laboratory sessions
- complete at home procedures

Location:

Body Composition and
Nutritional Neuroscience (BCNN)
Laboratory

Louise Freer Hall
Univeristy of Illinois Urbana-Champaign

For more information, please contact study coordinator at kcouture@illinois.edu or 217-244-1889

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Institutional Review Board #24468

Body Composition and Nutritional Neuroscience Laboratory

ILLINOIS

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