

# Sarah Ragab

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## EDUCATION & TRAINING

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**University of Illinois at Urbana-Champaign** Champaign, IL  
*Master of Science in Kinesiology and Community Health* Expected in 2023

**University of North Carolina at Greensboro** Greensboro, NC  
*Bachelor of Science in Kinesiology, Chancellor's List* 2021

**Middle College at UNCG** Greensboro, NC  
*High School Diploma* 2017

CPR/First Aid/AED Certified Red Cross – Greensboro, NC  
2020

International Institute for Restorative Practices Chapel Hill, NC  
*Basic Restorative Practices Training* 2020

Microsoft and PowerPoint Certification University of North Carolina at Greensboro  
2017

## RESEARCH EXPERIENCE

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**Graduate Research** University of Illinois at Urbana Champaign 2021-current  
Body Composition and Nutritional Neuroscience Laboratory & Kinesiology Pedagogical Laboratory,  
PI: Dr. Naiman Khan, Ph.D., R.D. & Dr. Kevin A. Richards, Ph.D.

- Fellowship scholarship
- Design sport for development program curricula, collect and analyze data relating to physical activity and cognitive development in children, and supervise laboratory community-engagement ambassadors

**Research Assistant** University of North Carolina at Greensboro 2018-2021

- Community-engaged scholarship
- Worked with staff to improve student behavioral and learning issues using proactive approaches
- Conducted bi-weekly classes for community-engagement program
- Implemented evidence-based practice and managed data collection

- Designed survey instruments and questionnaires to obtain desired research data.
- Executed qualitative and quantitative analysis by reflection forms created

## **PROFESSIONAL DEVELOPMENT**

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- Hemphill, M. A., Lee, Y., Ragab, S., Rinker, J., & Dyson, O. L. (2021). Developing a Pedagogy of Restorative Physical Education, *Journal of Teaching in Physical Education*
- Hemphill, M. A. & Ragab, S. (2019). Relationships First: Empowering Students through Community Engagement. Pathways to Achieving Civic Engagement conference. Greensboro, NC.
- Panel at Teaching Personal and Social Responsibilities (TPSR) conference (2018, 2019)
- Presentation at the TPSR Conference at Adelphi University in Long Island, New York (2019)
- AIESEP 2019 International Conference, Building Bridges for Physical Activity and Sport at Adelphi University (2019)
- 13th Annual Thomas Undergraduate Research and Creativity Expo Award- 2nd Place Education and Behavioral Sciences (2019)
- Global Applications of Sport for Positive Youth Development presentation at Wofford University for Southern Conference Undergraduate Research Forum (SURF) (2018)
- Panelist at Gulf-South Summit (2017)

## **GRANT WRITING**

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- Ragab, S., Lee, Y., Hemphill, M. A., Rinker, J. R., & Dyson, O. (2019). Developing youth leadership to improve conflict resolution among High School students. Community-based Undergraduate Research and Creativity Award jointly funded by URSCO and the Graduate School.  
\$5,000, funded.
- Ragab, S., Hemphill, M. A., & Janke, E. M. (2018). Global applications of sport for positive youth development. Undergraduate Research, Scholarship, and Creativity office, Globally Engaged Undergraduate Research and Creativity Award. \$3,000, funded.

## **COMMUNITY ENGAGEMENT**

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- Co-coordinator of Young Olympians Sport for Development Program- Rantoul (2022-current)
- Conflict Management in Illinois Physical Activity and Life Skills Wellness Program (iPALS) (2021)
- Facilitate circle processes in James B. Dudley High School youth development program (2018-2021)
- Ronald E. McNair Scholar (2019-2021)
- UNCG Spartan of Promise Award (2020)
- President of the Muslim Students Association at the University of North Carolina at Greensboro (2019-2020)
- Publicity chairman and volunteer coordinator of the Muslim Students Association at the University of North Carolina at Greensboro (2018-2019)
- International sports training in Sri Lanka (2018)
- Soccer and Studies program coordinator (2017)