

LAURA M QUINTERO SILVA, MS

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EDUCATION

- 2018 – **Ph.D. Student, Community Health**
University of Illinois Urbana Champaign
- 2015 – 2017 **M.S., Psychology**
University of los Andes, Bogota, Colombia
- 2010 **Diploma/Training on Clinical and Health Psychology**
University of La Sabana, Chia, Colombia
- 2006 – 2010 **B.S., Psychology**
University of La Sabana, Chia, Colombia

ACADEMIC AND PROFESSIONAL EXPERIENCE

- 2022 – **Graduate Research Assistant**
Project: Community Health Workers supporting chronic kidney disease patients from African American and Latinx backgrounds.
Aging and Diversity Lab
KCH Department, University of Illinois Urbana Champaign
- 2021 – **Graduate Research Assistant**
Project: Developing an Online Certificate Program for Community Health Workers in Illinois
Aging and Diversity Lab
KCH Department, University of Illinois Urbana Champaign
- 2021 – **Graduate Research Assistant**
Project: Examining the potential for implementing culturally inclusive diets in hospitals and long-term care.
Aging, Caregiving, and Technology Lab
KCH Department, University of Illinois Urbana Champaign
- 2019 **Graduate Research Assistant**
Project: Abriendo Caminos – Promotoras
Nutritional Sciences, University of Illinois Urbana Champaign
- 2018 – 2021 **Graduate Research Assistant**
Project: Cannabis use in Older Veterans
Aging and Health Policy Lab
KCH Department, University of Illinois Urbana Champaign

- 2015 – 2017 **Academic Writing Expert/Graduate Teaching Assistant**
Spanish Writing Center, University of Los Andes, Bogota, Colombia
- 2012 – 2015 **Academic Success Coordinator/Educational Psychologist**
Central Department of Students, University of La Sabana, Chia, Colombia
- 2012 – 2014 **Clinical Psychologist**
Center of Psychology Services, University of La Sabana Clinic, Chia, Colombia
- 2011 – 2012 **Junior Psychologist Assistant**
Measurement and Evaluation Lab, Department of Psychology, University of La Sabana, Chia, Colombia
- 2010 **Health Psychologist in Training**
Palliative Care unit, Fundación Santa Fe de Bogota Hospital, Bogota, Colombia

TEACHING EXPERIENCE

- 2018 – **Graduate Teaching Assistant (Grader)**
Undergraduate courses: Introduction to I-Health, Survey of Interdisciplinary Health, Women’s Health, International Health, Introduction to Public Health, Introduction to Epidemiology, Gerontology, Drug Use and Misuse.
KCH Department, University of Illinois Urbana Champaign
- 2018 – 2022 **Graduate Teaching Assistant (Instructor)**
Course: CHLH 415 International Health
KCH Department, University of Illinois Urbana Champaign
- 2015 – 2017 **Graduate Teaching Assistant**
Undergraduate courses: Principles of Psychology, Research Design and Analysis III: Qualitative Research.
Department of Psychology, University of Los Andes, Bogota, Colombia
- 2014 – 2015 **Instructor**
Course: Reading Comprehension
Central Department of Students, University of La Sabana, Chia, Colombia
- 2012 **Instructor**
Course: Psychological Evaluation – Laboratory Section
Department of Psychology, University of Los Andes, Bogota, Colombia

MENTORSHIP

Mentoring undergraduate students

- 2020 - 2021 Undergraduate Research Apprenticeship Program (URAP)
Graduate College, University of Illinois Urbana Champaign

2020 James Scholar Project, Aging and Diversity Lab
KCH Department, University of Illinois Urbana Champaign

2019 – 2022 Student Aging Researchers in Training (START)
KCH Department, University of Illinois Urbana Champaign

Supervision of Visiting Scholars

2019 – 2021 International Graduates Mentoring Program (IGMP)
University of Illinois Urbana Champaign.

PUBLICATIONS

Alam, R., **Quintero Silva, L.**, Jahan, N., Chodzko-Zajko, W., Ogunjesa, B., Selzer Ninomiya, A., & Schwingel, A. (2022). Relationships of Cognitive Impairment and Sleep Disorder with Functional Disability among Older Adults in the United States. *Journal of Aging and Health*, 8982643221143221. Advance online publication. <https://doi.org/10.1177/08982643221143221>

Bobitt, J., Clary, K. L., Krawitz, M., **Quintero Silva, L.**, & Kang, H. (Accepted, in press). Prevention, Practice, and Policy: Older U.S. Veteran’s Perspectives on Cannabis Use. *Drugs & Aging*.

Bobitt, J., Kang, H., Croker, J. A. III, **Quintero Silva, L.**, & Kaskie, B. (2020). Use of cannabis and opioids for chronic pain by older adults: Distinguishing clinical and contextual influences. *Drug and Alcohol Review*, 39(6), 753–762. <https://doi.org/10.1111/dar.13080>

Clary, K. L., Kang, H., **Quintero Silva, L.**, & Bobitt, J. (2022). Weeding Out the Stigma: Older Veterans in Illinois Share Their Experiences Using Medical Cannabis. *Journal of Psychoactive Drugs*, 1–8. Advance online publication. <https://doi.org/10.1080/02791072.2022.2082901>

Kang, H., Clary, K., Zhao, Z., **Quintero Silva, L.**, & Bobitt, J. (Accepted, in press). Characteristics of cannabis and opioid users among older Veterans and their health outcomes: A longitudinal perspective. *Journal of Psychoactive Drugs*.

Kang, H., Hunnicutt, J., **Quintero Silva, L.**, Kaskie, B., & Bobitt, J. (2021). Biopsychosocial factors and health outcomes associated with cannabis, opioids, and benzodiazepines use among older veterans. *The American Journal of Drug and Alcohol Abuse*, 47(4), 497–507. <https://doi.org/10.1080/00952990.2021.1903479>

Quintero Silva, L. et al. (Manuscript in preparation for *Health Affairs*). Telehealth implementation in palliative care during the pandemic: adjusting to new models of care.

Raj, M., Oleschuk, M., **Quintero Silva, L.**, Levine, S. & Chapman-Novakofski, K. (Submitted, under review). What does a “culturally inclusive diet” mean and look like in health care facilities? Insights from a nationwide survey of registered dietitians and food service directors. *Journal of the Academy of Nutrition and Dietetics*.

POSTERS AND CONFERENCES

- Alam, R., Jahan, N., Ogunjesa, B., **Quintero Silva, L.**, & Schwingel, A. (2022). Relationships of Cognitive Impairment and Sleep Disorder with Functional Limitations among Older Adults: Results from NHANES. 43rd Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine, April 6-9, 2022. Presented as a poster.
https://academic.oup.com/abm/article/56/Supplement_1/S1/6572209
- Ashrafi, S. A., **Quintero Silva, L.**, Oloo, A., & Schwingel, A. (2022). Chronic Kidney Disease care: perspectives from providers and administrators about African American and Latinx patients. American Society of Nephrology (ASN) Kidney Week 2022, Orlando, FL, Nov 3, 2022. (Accepted for Conference as Poster). <https://www.asn-online.org/education/kidneyweek/2022/program-abstract.aspx?controllid=3769530>
- Clary, K., Kang, H., **Quintero Silva, L.**, & Bobitt, J. (2021). Weeding out the Stigma: Experiences Shared by Older Veterans. Research Society on Marijuana Conference, July 23, 2021.
https://www.researchmj.org/files/ugd/c9976d_c4b1b034199c4f8582a74891e5e2ae29.pdf
- Natzke, C., Kaskie, B., **Quintero Silva, L.**, & Bobitt, J. (2020). The Role of the Aging Network in Educating Older Adults about the Highs and Lows of Cannabis Use. Aging in America, American Society on Aging Conference, Atlanta, GA, March 24-27, 2020.
- Quintero Silva, L.**, Bobitt, J., Schwingel, A., & Raj, M. (2022). Covid-19 pandemic and the evolving delivery of palliative and end-of-life care in the US: a provider perspective. American Public Health Association – APHA 2022 Annual Meeting & Expo, Boston, MA, November 6, 2022. (Accepted for Conference as Poster).
<https://apha.confex.com/apha/2022/meetingapp.cgi/Paper/513302>
- Quintero Silva, L.**, Schwingel, A., Bobitt, J., & Raj, M. (2022). Clinicians' perspectives on the evolution of palliative care delivery for older adults during the Covid-19 pandemic. The Gerontological Society of America Conference 2022, Indianapolis, IN, November 4, 2022.
<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC9766536/pdf/igac059.2990.pdf>
- Quintero Silva, L.**, Bobitt, J., Schwingel, A., & Raj, M. (2022). Physicians' perspectives on the role of telehealth in the delivery of palliative and end-of-life care during the Covid-19 pandemic in the US. McGill International Palliative Care Congress, Montreal, Canada, October 18-22, 2022. Presented virtually as a poster.
- Quintero Silva, L.**, Schwingel, A., Bobitt, J. & Raj, M. (2023). Insights from physicians working in palliative care during the Covid-19 and the role of telehealth in their clinical practice. 44th Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine – SBM, Phoenix, AZ, April 26-29, 2023. (Poster accepted for poster presentation)
- Quintero Silva, L.** (2020). Burnout Components and Interdisciplinary Collaborative Work in Palliative Care Units in Colombia: A Pilot Study. Sixteen International Congress of Qualitative Inquiry sponsored by the University of Illinois Urbana Champaign. (Accepted for Conference as Poster; canceled due to COVID-19).

MASTER THESIS AND OTHER DOCUMENTS

Quintero Silva, L. (2017, June). Components of Burnout and Interdisciplinary Collaborative Work in Palliative Care Units in Colombia. Master Thesis. University of los Andes, Bogota, Colombia. Available in:
<https://ezproxy.uniandes.edu.co:8443/login?url=http://search.ebscohost.com/login.aspx?direct=true&db=cat07441a&AN=cpu.795199&lang=es&site=eds-live&scope=site>

Quintero Silva, L. (2010, May). Guide to Psychological Intervention in Palliative Care. Undergraduate Practice Monograph. Fundacion Santa Fe de Bogota, Colombia.

Quintero Silva, L. (2010, June). Psychological Needs of Patients and Families at the End of Life in cases of Chronic Illness. Undergraduate Monograph.

SCHOLARSHIPS AND AWARDS

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| Nov 5, 2022 | American Public Health Association - APHA Erickson Foundation Award for Excellence in Research – Honorable mention
APHA Aging & Public Health Section
APHA 2022 Annual Meeting & Expo, Boston, MA. |
| Fall 2020 | List of Teachers/Teaching Assistants Ranked as Excellent by their Students, ICES Evaluation. Course: CHLH 415 International Health
University of Illinois Urbana Champaign |
| 2018 – | Fulbright Scholarship for Doctoral Studies
Fulbright Colombia, U.S. Department of State |
| 2016 | Jorge Larreamendy Award to the Best Ethnography
Psychology Department, University of los Andes, Bogota, Colombia |
| 2015 – 2017 | Spanish Center Scholarship for Master Studies
University of los Andes, Bogota, Colombia |

SKILLS

- Teaching Foundations Certificate, Center for Innovation in Teaching & Learning, UIUC, May 2022
- Graduate Mentoring Certificate, Graduate College, UIUC, May 2021.
- Language: Spanish, native speaker; English, advanced level; Italian, intermediate level.
- Data analysis software: SPSS, STATA, HLM, NVivo, EndNote.
- Advanced Academic Writing in Spanish: Advanced level, Reviewer/Advisor.

COLLABORATIVE RESEARCH

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| 2021 – | Pain and Palliative Care Research Group
Project: Quality of professional life in providers practicing palliative care in Latin America
Universidad Pontificia Bolivariana, Medellin, Colombia |
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- 2020 – **Veterans Research Group**
Multi-site research group working on topics related to cannabis use in older adults
University of Illinois Urbana Champaign, University of Illinois Chicago, Texas State
University.
- 2019 – **Student Aging Researchers in Training-START research project**
Kinesiology and Community Health, University of Illinois Urbana Champaign
- 2019 – 2021 **Cannabis Research Group**
Kinesiology and Community Health, University of Illinois Urbana Champaign
- 2015 – 2017 **Health Psychology Research Group**
Department of Psychology, University of los Andes, Bogota, Colombia
- 2011 – 2012 **Health Psychology Research Group**
Department of Psychology, University of La Sabana, Chia, Colombia

SERVICE AND VOLUNTEERING

- 2019 – 2022 **Fulbright Applications Reviewer**
University of Illinois Urbana Champaign
- 2019 **KCH Searching and Hiring Committee Member**
KCH Department, University of Illinois Urbana Champaign
- 2019 – 2021 **Volunteer**
Comfort Companion Program, OSF Heart of Mary Medical Center, Urbana, IL

HOBBIES AND OTHER INTERESTS

- I enjoy music, attending concerts and performing in front of an audience. I currently participate as a singer in two UIUC choruses: Women’s Glee Club and Oratorio Society.
- In my free time, I love reading non-academic books, watching movies, and hiking.