

Rifat Binte Alam

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EDUCATION

- 2020 - Present PhD in Community Health
University of Illinois at Urbana-Champaign
- 2018-2020 Masters in Community Health
Concentration: Epidemiology
University of Illinois at Urbana-Champaign
- 2006-2011 Bachelors of Medicine and Surgery (MBBS)
Holy Family Red Crescent Medical College
University of Dhaka, Bangladesh

ACADEMIC AND PROFESSIONAL EXPERIENCE

- 2020-2021 Instructor
Course: International Health CHLH 415
Department of Kinesiology and Community Health
University of Illinois at Urbana-Champaign
- Graduate Teaching Assistant (Grader)
Course: Drug Use and Abuse CHLH 243
Department of Kinesiology and Community Health
University of Illinois at Urbana-Champaign
- Graduate Assistant
Special Populations, Department of Health Education
McKinley Health Center
University of Illinois at Urbana-Champaign
- START Program Coordinator
Student Aging Researchers in Training (START) Program
Department of Kinesiology and Community Health
University of Illinois at Urbana-Champaign

2019-2020

Instructor

Course: International Health CHLH 415

Department of Kinesiology and Community Health
University of Illinois at Urbana-Champaign

Graduate Teaching Assistant (Lead)

Course: Contemporary Health CHLH 100

Department of Kinesiology and Community Health
University of Illinois at Urbana-Champaign

Graduate Teaching Assistant (Grader)

Course: Health Planning CHLH 457

Department of Community Health
University of Illinois at Urbana-Champaign

2018-2019

Graduate Teaching Assistant (Grader)

Course: Human Sexuality CHLH 206

Course: Introduction to Epidemiology CHLH 274

Department of Kinesiology and Community Health
University of Illinois at Urbana-Champaign

2014-2015

Medical Officer, Upazilla Health Complex

Ministry of Health

Government of the People's Republic of Bangladesh

2013-2014

Lecturer

Department of Physiology

Shahabuddin Medical College, Dhaka, Bangladesh

2011-2012

Intern Doctor

Department of Medicine

Department of Obstetrics and Gynecology

Department of Surgery

Holy Family Red Crescent Medical College & Hospital, Dhaka,
Bangladesh

RESEARCH WORK

- 2021 Worked in a study “The association of family lifestyle behaviors with children’s cognitive functioning: A cross-sectional study among 3-6-year-old Mexican children” supported by supported by the training grant “Illinois Transdisciplinary Obesity Prevention Program (I-TOPP)” funded by the National Institute of Food and Agriculture, United States Department of Agriculture (USDA) under Award No. 2011-67001-30101.
- 2020 Run statistical regression analysis on NHANES 2011-2014 data to find associations between acculturation and cognitive function among Hispanics.
- 2019 Run statistical regression and correlation analysis to find associations between research variables in the Tinker Graduate Summer Fellowship funded study “Uninvolved feeding and underestimation of child weight BMI z-scores in Chilean preschoolers”.
- 2009 Worked as an interviewer in stage-1 data collection procedure comprising of socio-demographic and self-reporting questionnaire (SRQ) for a two-staged study “Prevalence and patterns of psychiatric disorders among women in urban rural Bangladesh: A two-staged cross-sectional study”.

PUBLICATIONS

Alam, R., Ashrafi S. A., Pionke, J.J., Schwingel, A. (2021). Role of Community Health Workers in Addressing Dementia: A Scoping Review and Global Perspective. *Journal of Applied Gerontology*, 07334648211001190.

POSTER PRESENTATIONS

Aguayo, L., **Alam, R.**, Schwingel, A., Pineros-Leano, M. (June 2021). “The association of family eating behaviors with children’s cognitive functioning: A cross-sectional study among 3-6-year-old Mexican children”. *Nutrition 2021 Live Online*. (Accepted)

Jahan, N. A., **Alam, R.**, Hoque, M. S., Hasan, M. K., Mullick, M. S. I. (October 2019). "Prevalence and patterns of psychiatric disorders among women in urban rural Bangladesh: A two-staged cross-sectional study". Marce of North America (MONA) Biennial Perinatal Mental Health Conference.

Alam, R., Vizcarra, M., Stecher, MJ., Navarro, C., Rodriguez, Y., Schwingel, A. (September 2019). "Uninvolved feeding and underestimation of child weight-status explain child BMI Z-scores in Chilean Preschoolers". Food and Family Conference of the Family Center at University of Illinois at Urbana-Champaign and Christopher Family Foundation, Chicago, IL.

ORAL PRESENTATIONS

Alam, R., Schwingel, A., Aguinaga, S., Jahan, N., Oke, A., Chelsea, S. (April 2021). "Does acculturation affect the cognitive performance among older Latinos?". Society of Behavioral Medicine 42nd Annual Conference.

Zohra, F., **Alam, R.**, Jahan, N. A. (March 2020). "Prevalence and associated Factors of psychiatric disorders among caregivers of dementia patients: A Cross-sectional study conducted in two tertiary hospitals of Bangladesh". American Association for Geriatric Psychiatry Annual Conference.

SCHOLARSHIPS AND AWARDS

2021 Graduate Conference Award
University of Illinois at Urbana-Champaign

2020 Kinesiology and Community Health Predoc Fellowship
University of Illinois at Urbana-Champaign